

# Ballymena Hockey Club

## Mini and Junior Hockey Programme 2018-19

**Dear Parent/Guardian, Mini or Junior Member,**

We hope you have had an enjoyable summer break and are looking forward to the new hockey season.

Our Youth Co-ordinator is Mary Glass and her contacts details for enquiries are 07766917996 or email [maryglass05@hotmail.com](mailto:maryglass05@hotmail.com)

### Mini Programme (Girls & Boys)

Friday 14<sup>th</sup> September – Friday 16<sup>th</sup> November 2018 (10 weeks)

Friday 8<sup>th</sup> February – Friday 12<sup>th</sup> April 2019 (10 weeks)

P1-P5 4.15pm – 5.15pm

P6 & P7 5.30pm – 6.30pm

### Junior Programme

#### Year 8 (Girls)

Friday 14<sup>th</sup> September – Friday 16<sup>th</sup> November 2018 (10 weeks)

Friday 8<sup>th</sup> February – Friday 12<sup>th</sup> April 2019 (10 weeks)

6.45pm – 7.45pm

## Year 9 (U13 Girls)

Monday 10<sup>th</sup> September – Monday 12<sup>th</sup> November 2018 (10 weeks)

Monday 4<sup>th</sup> February – Monday 8<sup>th</sup> April 2019 (10 weeks)

6.00pm-7.00pm

## Year 10 & 11 (U15 Girls)

Wednesday 12<sup>th</sup> September – Wednesday 14<sup>th</sup> November 2018 (10 weeks)

Wednesday 6<sup>th</sup> February – Wednesday 10<sup>th</sup> April 2019 (10 weeks)

5.30pm-7.00pm

## Boys Programme

P5-Year 11

Thursday 20<sup>th</sup> September – Thursday 22<sup>nd</sup> November 2018 (10 weeks)

Thursday 14<sup>th</sup> February – Thursday 18<sup>th</sup> April 2019 (10 weeks)

7.00pm – 8.00pm

## **Membership Fees.**

Includes all sessions as outlined above and personal accident insurance, through the Ulster Hockey Union scheme (details on website).

Mini (P1-P7) £70

Junior (Yr8-11) £70

2 Children P1-Yr11 £120 (£20 reduction)

3 Children P1-Yr11 £160 (£50 reduction)

4 Children P1-Yr11 £200 (£80 reduction)

**Ballymena Hockey Club** provides opportunities for all young people, their parents and volunteers to become involved in hockey. The club encourages fun, participation, sportsmanship and the social aspects of sport to anyone interested in participating. The club is affiliated to the Ulster Hockey Union which provides moderate personal accident insurance for all our players who have fully paid the relevant membership fee.

## **Registration and payment of fees.**

This is now done online and can be accessed at [ballymenahockey.com](http://ballymenahockey.com).

## **Website.**

Ballymena Hockey Club's website can be found at **www.ballymenahockey.com** and is a valuable source for news, fixtures, results and other club information. Session cancellations and important information will be available, so please check on a regular basis.

## **Communication.**

All communication to Mini and Junior members will be via a Parent/Guardian and will be through our computer based bulk text messaging system. **If possible, please include a current mobile number when registering online.**

## **Ballymena HC Qualified Coaching Staff.**

### **IHA Level 2 Coaching Award**

Mary Glass

Becky Linford

Andrew Linford

Philip Moody

### **IHA Level 1 Coaching Award**

Stephanie Smith

Laura Logan

Rebekah Reynolds

Joanne Davis

Trevor Topping

Emma Gillespie

Jenny Sutherland

Jessica Duncan

Alex McKoewn

Lauren Burrows

## **Coaching.**

If you are interested in becoming a coach or umpire, the Club will run the appropriate course in conjunction with UHU for each of these roles. To find out more please contact Club Secretary via our website.

No experience required, only enthusiasm!

## **Volunteer Opportunities within Ballymena Hockey Club.**

The club is run by many volunteers and would happily appreciate any support you can offer.

A number of ways you can support the club include;

- Transporting players to away matches.
- Taking the register at sessions.
- Organise a social event for the young members.
- Support Club fundraising events.

If you are interested in supporting the club through any of these methods please contact a Club Official or speak to any of the coaches at the youth training sessions.

## **Ulster Hockey Union Youth Leagues.**

The club enters the following Youth League competitions:

U11 Blitz (P6 & P7)

U13 Blitz (Year 8 & 9)

U15 Performance and Development Sections (Year 10 &11)

These leagues are all played on Sundays and the complete programme will be available to view on our website at [www.ballymenahockey.com](http://www.ballymenahockey.com)

**Players aged 15 and above** will have the opportunity, when considered appropriate, to participate in senior hockey.

# **BHC Youth Development - Guide for Parents and Players.**

**Ballymena Hockey Club provide and are responsible for:-**

## **Training Sessions.**

Current training arrangements and other pertinent information is kept up to date on our website [www.ballymenahockey.com](http://www.ballymenahockey.com). Mini and Junior sessions are available for Boys and Girls P1 to Year11 and currently take place at Ballymena Academy's Astro turf Hockey Pitches.

## **Qualified Coaches.**

Coaches are qualified and have appropriate Child Protection Disclosure. In addition to this Coaches are expected to abide by the Ballymena HC Coaches Code of Conduct.

## **First Aid Cover.**

In the unusual event of a bump or cut, first aid will be available from a trained First Aider at each session. Parents will be advised of any injuries sustained, immediately if warranted.

## **You provide and are responsible for:-**

- Completion of registration details & payment of subscriptions.
- Arranging transport to and from training sessions and matches.
- Appropriate clothing for the weather conditions.
- Provision of safety equipment  
**(Shin and mouth guards)**
- Drinks bottle (no fizzy drinks)
- Medical treatments regularly required by individuals.
- It is the responsibility of parents to ensure that any youth requiring an inhaler is in possession of it at all times and that coaches have been notified of this or any pertinent medical condition they need to be aware of. Inhalers should be appropriately named with the youth's details.

Mini and Junior members should not be left at the pitch until an authorised official from Ballymena Hockey Club is present. All of our coaches are volunteers and there can be unforeseen delays in their arrival.

## **CAR PARKING – Drop off and Collection.**

### **Ballymena Academy**

**Driver behaviour at the school facility will be closely monitored and as visitors you are requested to comply with all speed limits and instructions.**

**The site operates a one way system.** Entrance is via the main Galgorm Road with exit around the back of the school complex and out onto the Old Galgorm Road.

Drop off and collection of ALL children will be at one of the designated CAR PARKS. You are requested not to stop pitch side and drop off or collect you children as this will slow down the access route and potentially put pedestrians at risk.

A walkway will provide access to the pitch and children must be supervised at all times. Children must be collected by a responsible Adult at the pitch. The walkway must be used to return to the car park.

**NB. Children and Adults must use pedestrian crossings and walkways at all times and have priority over all vehicles.**

A register will be taken at all sessions which includes young players, of 14 years old or younger, who are attending the sessions. This will be completed before a session commences. Anyone arriving late should inform a coach as soon as they arrive.

Ballymena Hockey Club cannot be responsible for players in older age groups who leave the pitch against the wishes of their coach.

Toilet breaks are permitted. However, players must ask permission from a coach to leave the field and must be accompanied by another youth. They should report back to the coach on return.

Our youth members are expected to abide by the Ballymena HC Player Code of Conduct

## **Role of Parents/Guardians.**

Parents/guardians are welcome to stay and watch training sessions. Parents/Guardians are required to abide by Ballymena Hockey Club's Code of Conduct. Parents/Guardians should note that youth players are in the early stage of learning hockey and that mistakes will often be made. This is a matter for the coaches who will not be concerned as long as the player is attempting to do something positive. **The philosophy of encouraging best practice rather than to pick on faults or errors has brought this club great success. It is regarded as essential that parents support this philosophy.**

## **Grievance Procedure.**

Should any Parent or Guardian have a grievance against the club or any of its members, there is a set procedure that should be followed.

In the first instance an attempt should be made to resolve any issue by reasonable conversation between those concerned. However, if this is not possible the following process should be followed:

- The grievance should be detailed in writing via letter or email to the Youth Coordinator.
- The Youth Coordinator will then investigate the matter, seeking advice and if required evidence from all parties involved.
- A conclusion will be reached and all parties directly involved advised.
- In the event that this does not resolve the situation either party may appeal to the Club Chairman who will determine and advise, after consultation will all relevant parties, the Club's final position on the matter.
- Should the Youth Coordinator feel that it would not be proper for him / her to adjudicate on the matter, the Club Chairman will appoint a person or persons, not involved in the dispute to substitute for the Youth Coordinator

## **Child Protection Policy.**

Ballymena Hockey Club will:

- Promote the health and welfare of children by providing opportunities for them to take part in Hockey safely.
- Respect and promote the rights, wishes and feelings of children.
- Promote and implement appropriate procedures to safeguard the well being of children and protect them from abuse.
- Recruit, train, support and supervise its members to adopt best practice to safeguard and protect children from abuse and to minimise risk to themselves.

- Require members to adopt and abide by this Child Protection Policy.
- Respond to any allegations of misconduct or abuse of children in line with this Policy as well as implementing, where appropriate, the relevant disciplinary and appeals procedures.

## **Summary.**

Ballymena Hockey Club seeks to introduce children to the lifelong joy of playing hockey and to encourage them, through dedicated and considered coaching, to play at as high a level as they wish and can personally attain. The club will accommodate all players in the appropriate team be it in the Mini, Junior or Senior sections, ensuring that players and their Parents/Guardians are involved in this process.

## **In association with**

