

# Ballymena Hockey Club

## Mini and Junior Hockey Programme 2015-16

Supported by



## **Dear Parent/Guardian, Mini or Junior Member,**

We hope you have had an enjoyable summer break and are looking forward to the new hockey season.

Our Mini (P1-P7) Co-ordinator is Mary Glass and her contacts details for enquiries are 07766917996 or email maryglass05@hotmail.com.

Our Junior (Yr8-Yr11) Co-ordinator Stephanie Storey and her contact details for enquiries are 07708851833 or email ste\_jane@hotmail.co.uk

### **Session Times.**

#### **Mini Girls (P1 – P7).**

P1 – P5.....Friday 4.15 - 5.15pm.....BALLYMENA ACADEMY

P6 & P7.....Friday 5.30 - 6.30pm.....BALLYMENA ACADEMY

#### **Junior Girls (Year 8 – Year 11).**

Year 8 & 9 (U13).....Monday 6.00 - 7.00pm.....BALLYMENA SHOWGROUNDS

Year10 & 11 (U15).....Wednesday 6.00 - 7.00pm.....BALLYMENA SHOWGROUNDS

#### **Mini & Junior Boys**

P1 – P4.....Friday 4.15 – 5.15pm.....BALLYMENA ACADEMY

P5 – Year 11.....Thursday 6.30 – 7.30pm.....BALLYMENA ACADEMY

### **Session Dates.**

#### **Mini Session 1 – 10 weeks.**

Friday 18<sup>th</sup> September 2015 - Friday 20<sup>th</sup> November 2015.

#### **Mini Session 2 – 10 weeks.**

Friday 5<sup>th</sup> February 2016 - Friday 22<sup>nd</sup> April 2016. (exc. 25<sup>th</sup> March & 1<sup>st</sup> April).

#### **Junior Sessions.**

Year 8 - 9 Session 1 - Monday 14<sup>th</sup> September 2015 – Monday 16<sup>th</sup> November 2015.

Year 8 - 9 Session 2 – Monday 1<sup>st</sup> February 2015 – Monday 18<sup>th</sup> April.  
(exc. 21<sup>st</sup> & 28<sup>th</sup> March).

Year 10 & 11 Sessions commence Wednesday 9<sup>th</sup> September 2015.

#### **Mini & Junior Boys.**

Mini P1- P4 as above.

Junior P5 – Year 11 commence Thursday 17<sup>th</sup> September 2015.

## Membership Fees.

Includes all sessions as outlined above and personal accident insurance, through the Ulster Hockey Union scheme (details on website).

Mini £65

Junior £75

There is a discount of £15 for a second child of school age (P1 – Year 14)

The 3<sup>rd</sup> child in a family is free.

## Important information for Parents/Guardians and Players.

**Ballymena Hockey Club** provides opportunities for all young people, their parents and volunteers to become involved in hockey. The club encourages fun, participation, sportsmanship and the social aspects of sport to anyone interested in participating. The club is affiliated to the Ulster Hockey Union which provides moderate personal accident insurance for all our players who have fully paid the relevant membership fee.

A **Registration form** is available to download at **[www.ballymenahockey.com](http://www.ballymenahockey.com)** and must be completed for each member and submitted by post to; Anthea Hanna, Club Treasurer, 17 Fairyhill, Ballymena, BT42 1FH or given to Mary Glass or Stephanie Storey at hockey sessions.

*Please note that if we do not have this form and the appropriate fee your child will not be insured to participate in hockey at Ballymena Hockey Club, and may not be permitted to participate*

## Website.

Ballymena Hockey Club's website can be found at **[www.ballymenahockey.com](http://www.ballymenahockey.com)** and is a valuable source for news, fixtures, results and other club information. Session cancellations and important information will be available, so please check on a regular basis.

## Communication.

All communication to Mini and Junior members will be via a Parent/Guardian and will be through our computer based Bulk text messaging system. **If possible, please include a mobile number on the registration form.**

## **Ballymena HC Qualified Coaching Staff.**

### **IHA Level 2 Coaching Award**

Mary Glass

Becky Linford

Andrew Linford

Philip Moody

### **IHA Level 1 Coaching Award**

Stephanie Storey

Alister Hanna

Laura Logan

Rebekah Reynolds

Trevor Topping

Emma Gillespie

## **Coaching.**

If you are interested in becoming a coach or umpire, the Club will run the appropriate course in conjunction with UHU for each of these roles. To find out more please contact Club Secretary, Alister Hanna via our website.

No experience required, only enthusiasm!

## **Volunteer Opportunities within Ballymena Hockey Club.**

The club is run by many volunteers and would happily appreciate any support you can offer.

A number of ways you can support the club include;

- Transporting players to away matches.
- Taking the register at sessions.
- Organise a social event for the young members.
- Support Club fundraising events.

If you are interested in supporting the club through any of these methods please contact a Club Official or speak to any of the coaches at the youth training sessions.

## **Ulster Hockey Union Youth Leagues.**

The club enters the following Youth League competitions:

U11 (P6 & P7)

U13 (Year 8 & 9)

U15 (Year 10 & 11)

These leagues are all played on Sundays and the complete programme will be available to view on our website at **[www.ballymenahockey.com](http://www.ballymenahockey.com)**

**Players aged 15 and above** will have the opportunity, when considered appropriate, to participate in senior hockey, the senior teams compete in the following League Competitions.

### **Ladies**

1<sup>st</sup> XI – Senior Section 1

2<sup>nd</sup> XI – Junior Section 1

3<sup>rd</sup> XI – Junior Section 5

4<sup>th</sup> XI – Junior Section 9

### **Men**

1<sup>st</sup> XI – Junior League 5

2<sup>nd</sup> XI - Junior League 6

## **BHC Youth Development - Guide for Parents and Players.**

### **Ballymena Hockey Club provide and are responsible for:-**

#### **Training Sessions.**

Current training arrangements and other pertinent information is kept up to date on our website **[www.ballymenahockey.com](http://www.ballymenahockey.com)**. Mini and Junior sessions are available for Boys and Girls P1 to Year11 and currently take place at Ballymena Showground's Astroturf Hockey Pitch (access via the Ecos centre roundabout on the Broughshane Road)

#### **Qualified Coaches.**

Coaches are qualified and have appropriate Child Protection Disclosure. In addition to this Coaches are expected to abide by the Ballymena HC Coaches Code of Conduct.

#### **First Aid Cover.**

In the unusual event of a bump or cut, first aid will be available from a trained First Aider at each session. Parents will be advised of any injuries sustained, immediately if warranted.

## **You provide and are responsible for:-**

- Completion of registration details & payment of subscriptions.
- Arranging transport to and from training sessions and matches.
- Appropriate clothing for the weather conditions.
- Provision of safety equipment  
**(Shin and mouth guards)**
- Drinks bottle (no fizzy drinks)
- Medical treatments regularly required by individuals.
- It is the responsibility of parents to ensure that any youth requiring an inhaler is in possession of it at all times and that coaches have been notified of this or any pertinent medical condition they need to be aware of. Inhalers should be appropriately named with the youth's details.

Mini and Junior members should not be left at the pitch until an authorised official from Ballymena Hockey Club is present. All of our coaches are volunteers and there can be unforeseen delays in their arrival.

## **CAR PARKING – Drop off and Collection.**

### **Ballymena Academy**

Driver behaviour at the school facility will be closely monitored and as visitors you are requested to comply with all speed limits and instructions.

**The site operates a one way system.** Entrance is via the main Galgorm Road with exit around the back of the school complex and out onto the Old Galgorm Road.

Drop off and collection of ALL children will be at one of the designated CAR PARKS, which you will be directed to initially over the first few weeks. You are requested not to stop pitch side and drop off or collect you children as this will slow down the access route and potentially put pedestrians at risk.

A walkway will provide access to the pitch and children must be supervised at all times. Children must be collected by a responsible Adult at the pitch. The walkway must be used to return to the car park.

**NB. Children and Adults must use pedestrian crossings and walkways at all times.**

## **Ballymena Showgrounds**

Arrangements at the Ballymena Showgrounds remain the same as previous years. As there are areas where children can come into contact with vehicles, both pedestrians and drivers are advised to exercise caution and observe all local speed limit

Children will be allowed to walk towards the car park for collection but will be advised by us to wait inside the fence area for whoever is picking them up.

Please note that all cars should enter via the ECOS entrance and that all cars should be parked at the bottom of the old astroturf pitch.

**Parking at the Reception Area is strictly for the use of Showgrounds Staff and disabled persons.....**

A register will be taken at all sessions which includes young players, of 14 years old or younger, who are attending the sessions. This will be completed before a session commences. Anyone arriving late should inform a coach as soon as they arrive.

Ballymena Hockey Club cannot be responsible for players in older age groups who leave the pitch against the wishes of their coach.

Toilet breaks are permitted. However, players must ask permission from a coach to leave the field and must be accompanied by another youth. They should report back to the coach on return.

Our youth members are expected to abide by the Ballymena HC Player Code of Conduct

## **Role of Parents/Guardians.**

Parents/guardians are welcome to stay and watch training sessions. Parents/Guardians are required to abide by Ballymena Hockey Club's Code of Conduct. Parents/Guardians should note that youth players are in the early stage of learning hockey and that mistakes will often be made. This is a matter for the coaches who will not be concerned as long as the player is attempting to do something positive. **The philosophy of encouraging best practice rather than to pick on faults or errors has brought this club great success. It is regarded as essential that parents support this philosophy.**

## **Grievance Procedure.**

Should any Parent or Guardian have a grievance against the club or any of its members, there is a set procedure that should be followed.

In the first instance an attempt should be made to resolve any issue by reasonable conversation between those concerned. However, if this is not possible the following process should be followed:

- The grievance should be detailed in writing via letter or email to the Youth Coordinator.
- The Youth Coordinator will then investigate the matter, seeking advice and if required evidence from all parties involved.
- A conclusion will be reached and all parties directly involved advised.
- In the event that this does not resolve the situation either party may appeal to the Club Chairman who will determine and advise, after consultation with all relevant parties, the Club's final position on the matter.
- Should the Youth Coordinator feel that it would not be proper for him / her to adjudicate on the matter, the Club Chairman will appoint a person or persons, not involved in the dispute to substitute for the Youth Coordinator



## **Child Protection Policy.**

Ballymena Hockey Club will:

- Promote the health and welfare of children by providing opportunities for them to take part in Hockey safely.
- Respect and promote the rights, wishes and feelings of children.
- Promote and implement appropriate procedures to safeguard the well being of children and protect them from abuse.
- Recruit, train, support and supervise its members to adopt best practice to safeguard and protect children from abuse and to minimise risk to themselves.
- Require members to adopt and abide by this Child Protection Policy.
- Respond to any allegations of misconduct or abuse of children in line with this Policy as well as implementing, where appropriate, the relevant disciplinary and appeals procedures.

## **Summary.**

Ballymena Hockey Club seeks to introduce children to the lifelong joy of playing hockey and to encourage them, through dedicated and considered coaching, to play at as high a level as they wish and can personally attain. The club will accommodate all players in the appropriate team be it in the Mini, Junior or Senior sections, ensuring that players and their Parents/Guardians are involved in this process.

## **Coaches Code of Conduct.**

Ballymena Hockey Club supports and requires the following good practice by coaches when in contact with children.

- Make sport fun, enjoyable and promote fair play;
- Always work in an open environment avoiding private or unobserved situations and encourage an open environment for activities;
- Treat all children and vulnerable adults equally, with respect and dignity;
- Put the welfare of each child first before winning or achieving performance goals;
- Be an excellent role model including not smoking or drinking alcohol in the company of children
- Give enthusiastic and constructive feedback rather than negative criticism;
- Ensure that if any form of manual or physical support is required for a child, it is provided openly, the child is informed of what is being done and their consent is obtained;
- Deliver educational instruction first verbally; secondly role-modelled; and thirdly, and only if necessary, with hands on which must be accompanied by telling the child where you are putting your hands and why it is necessary and obtaining their consent;
- Involve parents, guardians and carers wherever possible
- Build balanced relationships based on mutual trust that empower children to share in the decision making process
- Recognise the developmental needs and capacity of children and avoid excessive training or competition and either pushing them against their will or putting undue pressure on them
- Encourage players to not swear.
- Insist that players respect the decisions of the umpires.

## **Player Code of Conduct.**

As a member of Ballymena Hockey Club you are expected to abide by the following club rules:

- All players must play within the rules and respect officials and their instructions and decisions. The use of bad or offensive language will not be tolerated.
- All players must respect each other and their opponents, being gracious in defeat.
- Players should not leave the pitch without the permission of a coach or club official. The club will not be responsible for any player who leaves without permission.
- Players should keep to agreed timings for training and competitions or inform their Coach or team manager if they are going to be late.
- Players must refrain from bullying or the use of bullying tactics against another player or individual.
- Players must refrain from using violence or physical contact that is not allowed within the rules.
- Players must wear suitable kit for training and match sessions, as agreed with the Coach/team manager. Players are asked not to wear school colours.
- Players must pay any fees for training or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.

## **Parents/Guardians/Spectator Code of Conduct.**

- Parents/Guardians/Spectators will respect the rules and procedures set down in Hockey
- Parents/Guardians will respect their child's team mates and leaders as well as players, parents and coaches from opposing teams. Parents will encourage their child to treat other participants, coaches, children's officers, officials, selectors and managers with respect.
- Parents/Guardians will give encouragement and applaud only positive accomplishments whether from their child; his/her team mates, their opponents or the officials.
- Parents/Guardians will respect their child's leader(s) and support his/her efforts
- Parents/Guardians/Spectators will respect the officials and their authority during sessions and events within the club and under the auspices of IHA.
- Parents/Guardians/Spectators will never demonstrate threatening or abusive behaviour or use foul language.
- Parents/Guardians must deliver and collect their children to and from the pitch. Players are not the responsibility of the Club until they are actually on the pitch. Parents/Guardians should understand that the Club will accept no responsibility for a player who leaves the pitch without the permission of a Coach/Club official. If a child needs to leave training early they should be asked to wait by the pitch to be collected and not asked to wait in the car park. When training finishes a Coach will always wait until all children have been collected. In this regard prompt collection is appreciated.
- Parents/Spectators should note that the use of photography is only permitted where the permission of a Coach or Club official has been obtained prior to the pictures being taken.
- Parents/Guardians are requested to ensure that their children keep to agreed timings for training and competitions or inform their Coach or team manager if they are going to be late.
- Parents/Guardians are requested to ensure that fees due to the Club are paid on time.
- No smoking is permitted at the side of the pitches.

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**In association**

